AINO RUOHO

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ARTIST & HEALER

Multiskilled in a work field and life. Education and work experience from horse training to chinese medicine practitioner. Also work history of teaching from children and adults, holding art exhibitions and doing own busines 10+ years.

I'm passionate about art, eager for learning new things and love working hands on. I'm an open minded empath and love simplicity of life.

EXPERIENCE

ENTERPRISE
2014 –
Traditional Chinese medicine specialist (inter alia, acupunture) and craniosacral therapy for people and animals. Specialized in horses, also teaching, short term classes and consulting.

SKI INSTRUCTOR
Seasonal work 2019 – 2022
Ski and snowboarding instructor work in multiple ski centers in Finland.
Teaching clients from children to adult, from zero to skilled.
Levi ski resort and Saaariselkä ski resort.

HORSE TRAINER
Ypäjän hevosopisto 2013
Ypäjä horse school and training center, working in a race stable.
Horse training, grooming and guidance of the other students.

SPECIAL NEEDS ASSISTANT
Urjalan yläaste |2008 – 2009
Lower secondary education school special needs assistant work. Also taught photography courses.

PHOTOGRAPHER
Ounas photo 2007
Studio photographer and sales of the photo shop. Weding, baby/ children, profile photo shoots. Picture making, film developing etc.

PHOTORGAPHING ASSISTANT
Studio K2 2002 – 2003
Photography assistant working in darkroom and also in a field with multiple professional photographers.

NEWSPAPER PHOTOGRAPHER APPRENTICE
Sanomalehti karjalainen 1998–1999
Newspaper phographing, color film working

EDUCATION

VOCATIONAL

professional qualification in photography
Länsi-Lapin ammatti-instituutti
2005 – 2006

Professional horse trainer
Ypäjän Hevosopisto 2013–2014

FURTHER

Traditional Chinese medicine degree, Chinese medicine school AUER
2012–2014

Certified massage therapist
Punkaharju 2014–2015

Animal care giver degree
Joensuun, Aiko 2012–2014

Craniosacral therapist
Finland/Canada 2013–2019

expert by experience for autism spectrum 2023

LANGUAGE

FINNISH – NATIVE LANGUAGE
ENGLISH – GOOD
PORTUGUESE – GOOD

ART COURSES & VOLUNTARY WORK

COURSES

Pottery courses:

ceramic classes 2023–2024
Basics of glacing, Laima ceramics, 2023
Basics of wheel throwing, Laima ceramics, 2023
Joensuun kansalaisopisto 2023 advance
animal figure ceramic course, Joensuun kansalais opisto 2023
Joensuun kansalaisopisto 2022 basics

art & drawing courses:

Kaisa Jussila drawing short courses
Joensuun kansalais opisto, autumn 2022 & spring 2023

VOLUNTARY WORK

Laima ceramics
Latvia, august – 2023
Ceramic studio apprentice worker

Healing and ecological centre
Pedra do sabia, Brazil – 2018

Cacao farm
Brazil, Itacare – 2018
Cacao farm worker

Horse farm worker
Sanctuary Farm, Kenya – 2002
Trainer for polo and galloping horses

National park staff
Kenya, Tsavo West National Park – 2002

Special needs assistant of children with learning difficulties
Orhovelani Education Center, Johannesburg, (2001)

EXTRA

Exchange Student in Brazil, AFS intercultural Programs Finland, 1998 – 1999

Living abroad: Brazil 2002–2003, Africa 2001–2002, Spain 2007–2008

EXHIBITIONS

THE MOST WONDERFUL GIRL

"traveling" slide show
Finland & Europe
2005 – 2011

IN THE NEED OF SOMETHING TO DO

Black & White photograph exhibition
Tornio and Joensuu
2006

PICTURES FROM THE LIFE

"Traveling" slide show
Europe
2007–2009

CERAMIC EXHIBITION

Warious ceramic artist exhibition
Work: Fox & Crow "cheese case"
Botania, Joensuu, Finland
2023

REFERENCES

LAIMA CERAMICS
www.laimaceramics.com
Laima Grigone, Latvia

KAISA JUSSILA
Printmaker, ceramic artist,
visual artist and MFA ,
Finland

JANNE KÖRKKÖ
Visual journalist, Yle
Finland

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